

Amendments to the Claims:

This listing of the claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claim 1 (Canceled)

2. (Currently Amended) A vehicle seat comprising:
a base frame arranged to be attached to a vehicle body;
a movable plate mounted to a front bracket of the base frame by a front mounting shaft, said movable plate being rotatable such that the rear end of the movable plate rotates vertically about the front mounting shaft; and
a cushioning mechanism disposed between the base frame and the movable plate;
wherein said cushioning mechanism includes an upper connector connected to the movable plate and a lower connector connected to the base frame;
wherein said upper connector and said lower connector are coupled to each other by a viscous material damper and a spring,
said viscous material damper being adapted to apply resistance to relative movement of the upper connector and the lower connector, and

said spring being adapted to receive and support a load acting on the lower connector from the upper connector;

wherein the movable plate is furnished with a thin elastic member said spring and said viscous material damper are concentrically disposed; and

wherein the movable plate is free of a zigzag spring.

3. (Currently Amended) A vehicle seat comprising:
 a base frame arranged to be attached to a vehicle body;

 a movable plate mounted to a front bracket of the base frame by a front mounting shaft, said movable plate being rotatable such that the rear end of the movable plate rotates vertically about the front mounting shaft; and

 a cushioning mechanism disposed between the base frame and the movable plate;

wherein said cushioning mechanism includes an upper connector connected to the movable plate near the rear end thereof, and to a lower connector connected to the base frame near a front end thereof;

wherein said upper connector and said lower connector are coupled to each other by a viscous material damper and a spring,

said viscous material damper being adapted to apply resistance to relative movement of the upper connector and the lower connector, and

 said spring being adapted to receive and support a load acting on the lower connector from the upper connector;

 wherein an upper surface of the movable plate is free of zigzag springs and ~~elastic members~~.

4. (New) The vehicle seat of claim 2, wherein said spring surrounds said damper.

5. (New) The vehicle seat of claim 3, wherein said spring surrounds said damper.

6. (New) The vehicle seat of claim 2, wherein the movable plate is furnished on an upper surface thereof with a thin elastic member, and is free of zigzag springs.

7. (New) The vehicle seat of claim 3, wherein an upper surface of the movable plate is free of an elastic member.